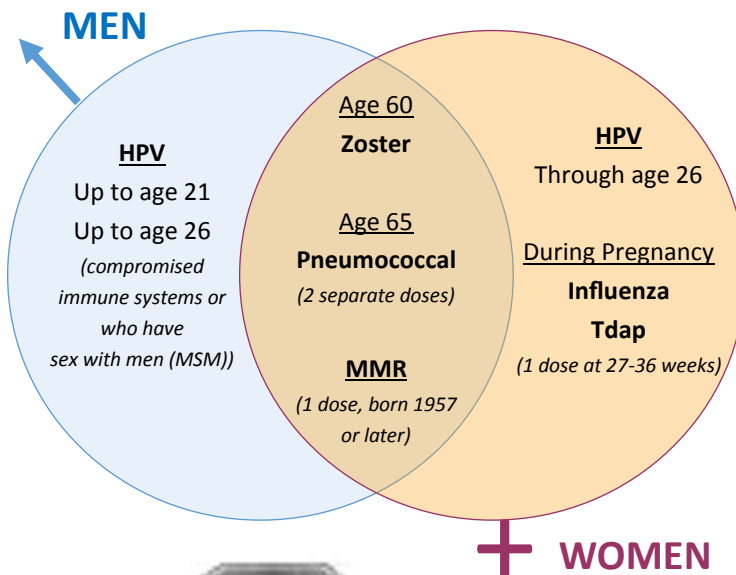


ADULTS NEED VACCINES, TOO

ALL ADULTS SHOULD

- ⇒ Get a **flu shot** every year
- ⇒ Get one dose of **Tdap** if you didn't as a teen, then get a dose of Td every 10 years
- ⇒ Get 2 doses of **varicella** vaccine if you didn't have the chickenpox as a child



HEALTH CONDITIONS & SPECIAL SITUATIONS

Hepatitis A

Chronic liver disease, clotting factor disorders, MSM, close contacts of new international adoptees

Hepatitis B

Chronic liver disease, clotting factor disorders, diabetes, HIV or other STIs, dialysis, MSM, healthcare workers

Meningococcal

Chronic immune defects, occupational exposure, first year college students living in a residence hall, asplenia

Pneumococcal

Diabetes, heart/lung/liver disease, alcoholics, compromised immune systems, cochlear implants, cigarette smokers, asplenia, living in a long term care facility



**For More Information,
please visit**
<https://www.cdc.gov/vaccines/adults/rec-vac/index.html>